

Sacramento's Haunted Hot Spots

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Topics: Fun, Weird



California's capital is home to a large number of haunted hot spots. What's surprising are some of the locations you'll see on this list.

At the end of the list is a link to an interactive map you can use to see most of the spots listed below

Sit back, grab a snack and enjoy discovering a little more about Sacramento and the surrounding area's afterlife.

SACRAMENTO

Burger King on Florin Rd. - A gunman walked in during a busy lunch hour and shot the store manager and turned the gun on himself.

Citrus Heights and Antelope Area - Former site of a temporary Japanese internment camp, forlorn Asian ghosts have appeared in the bedrooms, living rooms, garages, and front yards of homes in the area.

California State Library - In the California Section, the ghost of an old man with glasses has been spotted looking over old books.

Crocker Art Museum - Reports of feeling a presence, hearing squeak of the floor boards, and seeing the apparition of a man.

CSUS Theater - Haunted by a young man fell from the second floor and was impaled on the steel girders of the site while it was still under construction.

Delta King River Boat - Haunted by the ghost of the original captain. Employees have seen him sitting in the balcony during productions.

House on Parkshore Circle - Greenhaven - The people that lived in this house had a white rabbit. Her murder was never solved.

Iceland Skating Rink - The original owner and builder of Sacramento's oldest ice skating rink still makes his rounds at night.

Freeport Factory - It is said that the Freeport Factory is haunted by workers that died on the job.

Hwy 50 Exit off W Street - In the 70s a woman was hitchhiking off this exit and she was murdered.

The Mansion on the corner of 8th and M Streets - The image of Governor Leland Stanford's dead son appeared to him here.

Old Sacramento Bridge - Buried because of the rising waters of the Sacramento River, it's rumored that the underground area of Old Sacramento is so haunted that the transients don't like sleeping down there.

Paradise Beach - Briefing: A man is sometimes seen walking the beach. It is said that this man was a drowning victim.

The Perrault House - Notorious in the late 1950s for its widely-witnessed instances of light bulbs bursting in their socket, objects hanging in midair, and fires starting in the furniture.

Puente House - In the 80's it was a boarding house for senior citizens. Dorothea Puente, the landlady, was subsequently found guilty of murdering her boarders and burying them in the backyard so that she could collect their social security checks.

Pocket Area Homes - Some homes here were built over a Portuguese cemetery and the the levy in the area is also said to have been built on Indian burial grounds.

The Record Store on K Street Mall - An old woman in Victorian clothing appears to patrons and disappears. She is known to go up to a noisy patron and told him to keep the noise down.

Richard Trenton Chase's Victim's Homes - Briefing: Richard Trenton Chase also known as The Vampire of Sacramento committed some grisly murders in Sacramento.

Sacramento City Cemetery - Reports of several apparitions including a couple dressed in black, a pit bull who follows visitors around the cemetery and suddenly disappears.

Sacramento's favorite ghost has to be May Woolsey, whose gravestone at the cemetery is said to emanate a positive energy.

Sacramento River - Greenhaven Area - Gloria Drive - Late at night as you walk down the embankment, you can see a campfire going.

Sacramento Theater Company - Reported to be one of the most haunted buildings in Sacramento, this theater is home to at least five ghosts.

Two phantasms hang around the upstairs, stage-left dressing room. One was a tall, thin man with a mustache, who has been identified as a former volunteer.

In 1994, investigators recorded unexplainable footsteps crossing the McClatchy Mainstage and photographed numerous infrared anomalies during a séance in the Stage 2 area.

Sand Cove Park - Ghost lights appear from time to time. A woman's voice saying "Te papa" near the Sacramento River. Sight was possibly an Indian Burial Ground or Mine Shafts.

The Woodland Opera House - The ghost of a fireman killed fighting a fire there haunts the north balcony and basement dressing rooms.

HAUNTS OUTSIDE OF SACRAMENTO

COLOMA

Bell's General Store - Built in 1849, the brick building was the center of activity for the large community of gold miners that settled around Sutter's Mill.

Marshall's Monument - On June 24, 1848 James Marshall found 2 nuggets. They were caught in the tailrace of the waterwheel at the logging Mill operated by him and his partner John Sutter.

Pioneer Cemetery - The Phantom of a lady in burgundy watches over the Schieffer family plot in the old settlers graveyard.

Sheridan - Lincoln - Manzanita Cemetery - Reported by a local firefighter while fighting a wild land fire, the fire had burned up to the back of the cemetery.

Sierra Nevada House - A mischievous spirit inhabits this hotel which was established in 1850. Co owner Gail Masi says her employees named the ghost Christopher and blames him for moving pots and pans.

The Vineyard House - The Vineyard House has been reportedly haunted by its original owners for many years. The house was built some time in the late 1800s, and was used over the years as a jail, an inn and restaurant.

According to records, the original owners who built the house suffered one tragedy after another. Several of their young children died, their winery was forced to close, and one of the owners, Robert Chalmers, went mad and was chained up in the cellar by his wife.

Later residents were so spooked by shimmering apparitions and the sounds of rattling chains, that no one would live there.

The basement was also used as a bar, and late one night after closing hours the owner was cleaning up and wiping down the bar. He said that there was one last glass at the far end of the bar, and as he was cleaning, the glass suddenly began to shake, and then it slid all the way across until it finally stopped right in front of him.

The entire family is buried directly across the street in a graveyard that overlooks the house. Reports of seeing ghosts in the graveyard have also come forth in the past, but most of the stories took place inside the house.

Reported sightings of full apparitions, sounds of rustling sheets, and an area near the kitchen that is constantly cold are just a few of the many phenomena reported at the Vineyard House.

Wah Lee Store/Museum - Eerie waves of murmuring voices have been heard inside this general store. The ghostly sounds of years gone by seeming to rise and fall like the ocean waves.

DAVIS

Old City Hall/Police Station - Davis PD moved to a new building recently, after having been in the old City Hall that was built in 1938 or so.

IONE

Preston Castle - Preston Castle has been featured on numerous television programs due to the high level of paranormal activity reported on its grounds.

The living quarters of the former school are believed to have a number of "residual" haunts. The Castle cemetery, which is home to a reported 23 deceased inmates, is also said to house spirits, cold spots, feelings of intense fear and depressing emotions.

Peculiar sounds have also been heard in all areas of Preston Castle.

NEVADA CITY

The National Hotel - Built in the late 1800's the building was restored recently with the exception of the left wing. Lights flicker, cold spots and creepy feeling in this wing of the building.

PLACER

Camp Far West Lake Recreational Area - An Indian Burial Grounds lies within the boundary lines of this private property.

PLACERVILLE

Cary House Hotel - The Cary House Hotel is one of Placerville's most haunted sites where visitors often come to investigate the supernatural.

Chamber of Commerce Building - The ghost of a bearded man wearing a top hat has been spotted on the mezzanine of this old landmark.

Empire Antiques - formerly posted as Empire Theater - May 2004 Update -The theater has since closed down. There have been reports of ghosts walking up and down the isles, and in the bathroom, & cold spots

Hangman's Tree Cafe - The ghost of claim jumpers and outlaws, many sentenced to hang from an old oak tree here are said to harass patrons and employees of this small restaurant.

The Soda Works - Coffee Shop/Saloon - The former owner can't seem to let go. There is an unfinished mine, where supplies were kept and in the summer heat, served as a morgue before refrigeration.

ROSEVILLE

Woodcreek High School - A ghost by the name of Mac haunts the theatre. He is known for dropping lights from the ceiling. Locking doors in the theatre...and tripping actors backstage

LOOMIS

Prospector Road - The ghost of an old gold miner allegedly emerges from the weeds along the road in the foothills.

Sailor's Bar on the American River - The phantom of a man in his twenties has been sighted on the beach beneath the Sunrise Boulevard bridge.

SHINGLE SPRINGS

La Casa Drive - There is a strange mist that hovers at times, no matter the climate. Sounds of Native American drumming can be heard late at night or early in the morning.

STOCKTON

County Courthouse - Shouting can be heard in the underground holding cells at night when the place is empty. The night guard also reports hearing the holding cell door on the second floor slamming closed when no one is there.

San Joaquin Delta College. - The students have told of hearing voices, when there is no one around, hearing footsteps and no one is coming, and other strange situations, such as chairs moving on their own and rooms that get very cold extremely fast.

SUTTER CREEK

The Sutter Creek Inn - is haunted by a former California senator and his wife. The Senator is heard pacing upstairs in the main house and his wife is sometimes seen in the hallway.

YUBA CITY

Yuba City High School Theater - The ghosts of students who died in a bus crash in the 70s have often been seen on the stage. Opening night of the musical fiddler on the roof was disrupted by the lights not working.

HAUNTED HOT SPOTS MAP

Following is your complete map to most of the haunted locations listed above. Click on the link to find out where the ghosts are hanging out in your town.

Interactive Haunted Hot Spots Map

Sources: The Shadowlands http://theshadowlands.net/places/california2.htm UnsolvedMysteries.com http://www.unsolvedmysteries.com/usm395389.html Haunted America Tours http://www.hauntedamericatours.com/ghosthunting/hauntedcities/SacramentoCalifornia.php HauntedPlaces.com http://www.haunted-places.com/sacramento_secrets.htm Haunted Places to Go http://www.haunted-places-to-go.com/haunted-castle-1.html

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